

Gunstock Camp

Gilford NH

Coaches: Nina Gavrylyuk and Igor Badamshin

AGES: 13-16

Camp will include:

- Running
- Skiwalking
- Rollerskiing
- Dryland exercises
- Games
- Swimming in Lake Winnepesaukee



5 days - 9 practices
Space is limited-10 people only

Pay a deposit of \$100 to get an application
Send it to our mail address:
PO Box 7493
Gilford, NH 03247



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Since 1997 Since 1997 Since 1997



To register for camp call or e-mail
Nina or Igor: (603) 293-0379
or Nina (603) 630-5487
e-mail: gunstocknordic@msn.com