



Get Ready for Winter and Snow!

Gunstock Nordic Association Announces Children's Nordic Ski Program

Gunstock Nordic Association (GNA), your local non-profit Nordic ski association, is offering a 7-week cross-country ski program for girls and boys in grades K through 8. Regardless of ability, skiers will learn to ski or improve upon the skills they already possess. Skiers will be separated into different groups based upon their age and ability. In addition to instruction by GNA's top-notch, world-class coaches, the children will play games on skis, too.

- Dates:** Every Tuesday and Thursday from 4 pm to 5 pm beginning January 8, 2019 and running through February 21, 2019
- Where:** We will meet at the clubhouse at the Gunstock Ski Area. The skiers will ski on groomed and well-lit cross-country ski trails with adult supervision.
- Equipment:** If you don't have equipment, rentals can be arranged. Please contact us for more info.
- Coaching:** Coaching will be provided by an experienced, coaching staff.
- Cost:** Only \$250 per child, which covers the cost of the program but does not include annual membership in the New England Nordic Ski Association (NENSA).
The first 20 respondents with a deposit will be guaranteed space. A second group may be formed, if possible.
20% discount will be added if one family signing up 2 or more kids



Child's Name _____

Grade _____ Date of Birth _____

Skiing Experience _____

Parent/Guardian _____

Address _____

Home Phone _____ Work Phone _____ Cell _____

E-mail _____

My Child _____ has cross-country ski equipment

_____ does not have cross-country ski equipment

Gunstock Nordic Association
P.O. Box 7493
Gilford, NH 03247
www.gunstocknordic.com

GNA is a 501(c)3
Non-Profit organization
Federal Tax ID #
02-0333358

Please attach a check in the amount of \$250.00 made payable to Gunstock Nordic Association and return the form to: Eliza Deery

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Gilford, NH 03249
TEL: 528-0343 EMAIL: edeery@lrgh.org