

**Gunstock XC run series**

*Week 1 (Wednesday, May 16, 2012)*

Age category: \_\_\_\_\_

**18 and younger**

5K	time	gender	age
Ryan LaFrance	0:23:49	M	14
Michael Czerwinski	0:27:43	M	17
Charles Jent	0:27:43	M	17

**18-25**

5K

Sara Ellen Godek	0:35:07	F	23
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**26-35**

5K

Becky Zumbach	0:28:08	F	32
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10K

Matt Harlow	0:49:26	M	31
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**36-45**

5K

John Zumbach	0:20:16	M	36
Kara Jacobs	0:28:08	F	36

10K

Ann Czerwinski	1:05:46	F	42
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**46-55**

5K

Laura Howell	0:25:30	F	50
Jake Jacobsen	0:32:14	M	50

10K

Kathy Aldridge	0:56:02	F	50
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**55-65**

5K

Randy Hancock	0:26:34	M	57
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PS. Sorry if I spell you name wrong, please email us if you see any errors.

### *Week 2 (Wednesday, May 23, 2012)*

Age category:

18 and younger

5K	time	gender	age
Ryan LaFrance	0:20:49	M	14
Mitchel Fillion	0:23:36	M	17
Michael Czerwinski	0:25:18	M	17
Charles Jent	0:26:30	M	17
Randal Calshing	0:32:17	M	16
Colin Croft	0:32:17	M	16

18-25

5K

Sara Ellen Godek	0:33:31	F	23
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26-35

5K

Jeffrey Stevens	0:24:57	M	34
Lauren Couper	0:27:27	F	35
Mary Butka	0:25:08	F	31

10K

Matt Harlow	0:51:13	M	31
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36-45

5K


10K

Ann Czerwinski	1:00:17	F	42
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46-55

5K

Laura Howell	0:41:41	F	50
Jake Jacobsen	0:30:36	M	50

10K

Kathy Aldridge	0:56:39	F	50
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55-65

5K

Randy Hancock	24.32	M	57
Mick Palmiter	27.35	M	60

*Week 3(Wednesday, May 30, 2012)*

Age category:

18 and younger

5K	time	gender	age
Ryan LaFrance			
Michael Czerwinski	0:25:22	M	17
David Chang	0:29:01	M	18
Tessa Schrupp	0:29:19	F	14
Sophie Czerwinski	0:29:28	F	15

10K

Charles Jenot	1:00:06	M	17
Mitchel Fillion	1:00:05	M	17

18-25

5K

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26-35

5K

Jeffrey Stevens	0:22:57	M	34
Lauren Couper	0:30:08	F	35
Mary Butka	0:39:50	F	31

10K

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36-45

5K

Amie Cloos	0:32:45	F	36

10K

Ann Czerwinski	1:04:00	F	42
John Zumbach	0:40:45	M	36

46-55

5K


10K

Kathy Aldridge	0:54:03	F	50
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55-65

5K


## Week 4 (Wednesday, June 6, 2012)

Age category:

18 and younger

5K	time	gender	age
Ryan LaFrance	0:19:40	M	14
Michael Czerwinski	0:24:23	M	17
Tessa Schrupp	0:28:53	F	14
Sophie Czerwinski	0:29:01	F	15
David Chang	0:26:41	M	18
Charles Jenot	0:25:18	M	17

10K

Mitchel Fillion	0:56:30	M	17
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18-25

5K

Sara Ellen Godek	0:33:39	F	23
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26-35

5K

Jeffrey Stevens	0:22:30	M	34
Lauren Couper	0:27:46	F	35
Becky Zumbach	0:26:18	F	32
Mary Butka	0:39:03	F	31

10K

Matt Harlow	0:47:46	M	31
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36-45

5K

Amie Cloos	0:31:45	F	36
Ann Czerwinski	0:28:53	F	42
John Zumbach	0:19:31	M	36
Kara Jacobs	0:23:05	F	36

10K


46-55

5K

Laura Howell	0:38:11	F	50
Jake Jacobsen	0:28:41	M	50

10K

Kathy Aldridge	0:54:43	F	50
Eliza Deery	0:53:33	F	51

55-65

5K


## Week 5 (Wednesday, June 13, 2012)

Age category:

18 and younger

5K	time	gender	age
Ryan LaFrance	0:21:36	M	14
David Chang	0:24:25	M	18
Michael Czerwinski	0:26:56	M	17
Brendon Butka	0:56:03	M	3
Simon Butka	0:56:03	M	5
Vincent Butka	0:56:03	M	6

10K

Mitchel Fillion	1:02:37	M	17
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18-25

5K

Sara Ellen Godek	0:39:07	F	23
Lucile Godek	0:39:08	F	20

26-35

5K

Jeffrey Stevens	0:21:41	M	34
Lauren Couper	0:28:00	F	35
Mary Butka	0:56:03	F	31

36-45

5K

Ann Czerwinski	0:29:00	F	42

10K


46-55

5K

Laura Howell	0:40:05	F	50
Carol Walkley	0:57:30	F	
Jake Jacobsen	0:29:06	M	50

10K

Kathy Aldridge	0:54:30	F	50

55-65

5K

Martina Howe	0:35:50	F	55
Karen Anderson	0:57:30	F	57

Marinella Crowell	0:57:30	F	55
Randy Hancock	0:24:40	M	57

*Week 6(Wednesday, June 20, 2012)*

Age category:

18 and younger

5K	time	gender	age
Ryan LeFrance	0:21:30	M	14
David Chang	0:28:15	M	18
Mirah Pollak	0:39:45	F	14

10K

Mitchel Fillion	1:11:02	M	17
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18-25

5K

Sara Ellen Godek	0:34:02	F	23

26-35

5K

Jeffrey Stevens	0:22:59	M	34

10K

Matt Harlow	1:00:43	M	32
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36-45

5K

Ann Czerwinski	0:31:18	F	42

10K


46-55

5K

Erica Russel	0:32:40	F	48
Laura Howell	0:39:53	F	50

10K

Kathy Aldridge	0:57:34	F	50

55-65

5K

Randy Hancock	0:25:14	M	57
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*Week 7(Wednesday, June 27, 2012)*

Age category:

18 and younger

5K	time	gender	age
Ryan Le France	0:20:17	M	14
David Chang	0:23:40	M	18

10K

Mitchel Fillion	0:58:11	M	17
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18-25

5K

Sara Ellen Godek	0:34:37	F	23

26-35

5K

Jeffrey Stevens	0:22:21	M	35

10K

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36-45

5K


10K


46-55

5K

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10K


55-65

5K

Randy Hancock	0:23:45	M	57
Martina Howe	0:33:00	F	55

*Week 8(Wednesday, July 11, 2012)*

Age category:

18 and younger

5K	time	gender	age
Ryan Le France	0:19:53	M	14
David Chang	0:24:04	M	18

10K

Mitchel Fillion	0:51:00	M	17
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18-25

5K


26-35

5K

Jeffrey Stevens	0:22:13	M	35

10K

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36-45

5K


10K


46-55

5K

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10K


55-65

5K

Randy Hancock	0:24:02	M	57

18 and younger

place	5K	time	gender	age
1	Ryan Le France		M	14
2	David Chang		M	18
	10K			
1	Mitchel Fillion		M	17

18-25

5K

1	Sara Ellen Godek		F	23

26-35

5K

1	Jeffrey Stevens		M	35

10K

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36-45

5K

1	Ann Czerwinski		F	42

10K

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46-55

5K

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10K

1	Kathy Aldridge		F	50

55-65

5K

1	Randy Hancock		M	57

**Gunstock XC run series Fall 2012**

*Week 1 (Wednesday, September 19 2012)*

Age category: \_\_\_\_\_

18 and younger

5K	time	gender	age
Savannah Harris	0:37:31	F	9

18-25

5K

Aleaha Gray	0:26:12	F	24
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26-35

5K

Jeff Stevens	0:22:48	M	35
Matt Harlow	0:24:14	M	32

36-45

5K

Holly Harris	0:37:31	F	38
Lisa Harris	0:29:05	F	44
Michelle Stow	0:27:51	F	42
Ann Czerwinski	0:30:00	F	43

46-55

5K

John Stow	0:25:38	M	47

10K

Kathy Aldridge	0:54:26	F	51
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55-65

5K

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**Gunstock XC run series Fall 2012**

*Week 1 (Wednesday, September 26, 2012)*

Age category:

18 and younger

5K	time	gender	age
Savannah Harris	0:38:55	F	9

18-25

5K

Aleaha Gray	0:25:30	F	24
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26-35

5K

Gretchen Gandini	0:25:05	F	34
Jeff Stevens	0:23:24	M	35

10K

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36-45

5K

Michelle Stow	0:27:40	F	42
Ann Czwinski	0:29:25	F	43
Lisa Harris	0:28:03	F	44
Holly Harris	0:38:55	F	38

10K

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46-55

5K

Patty Pike	0:29:24	F	46
Eliza Derry	0:25:22	F	51

10K

Kathy Aldridge	0:53:24	F	51
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55-65

5K


**Gunstock XC run series Fall 2012**

*Week 1 (Wednesday, October 3, 2012)*

Age category: \_\_\_\_\_

18 and younger

5K	time	gender	age
Savannah Harris	0:37:04	F	9

10K


18-25

5K

Aleaha Gray	0:25:23	F	24
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26-35

5K

Gretchin Gardini	0:24:32	F	34
Jeff Stevens	0:22:26	M	35

36-45

5K

Holly Harris	0:37:04	F	38
Lisa Harris	0:28:45	F	44

10K

Ann Czerwinski	0:59:35	F	43

46-55

5K

John Stow	0:25:00	M	47
Patty Pike	0:29:37	F	46
Sylvia McCarthy	0:30:44	F	52

10K

Kathy Aldridge	0:56:17	F	51
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55-65

5K

Tom Smart	DNF	M	64

Week 4 (Wednesday October 10,2012)

Age category:

18 and younger

5K	time	gender	age

10K

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18-25

5K

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26-35

5K


10K

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36-45

5K

Michelle Stow	0:29:41	F	42
Lisa Harris	0:29:23	F	44

10K

Ann Czerwinski	1:00:03	F	43

46-55

5K

Patty Pike	0:29:37	F	46
John Stow	0:27:21	M	47

10K

Kathy Aldridge	0:54:47	F	51

55-65

5K




*Week 5 (Wednesday, October 17, 2012)*

Age category:

18 and younger

5K	time	gender	age
Savannah Harris	0:38:11	F	9

10K

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18-25

5K


26-35

5K

Jeffrey Stevens	0:22:02	M	35
Gretchen Gandini	0:25:39	F	34

36-45

5K

Lisa Harris	0:28:33	F	44
Holly Harris	0:38:11	F	38
Michelle Stow	0:27:09	F	42

10K

Ann Czerwinski	1:01:00	F	43

46-55

5K

Patty Pike	0:28:32	F	46
John Stow	0:25:12	M	47

10K

Kathy Aldridge	0:57:12	F	51

55-65

5K


Week 6 (Wednesday, October 24, 2012)

Age category:

18 and younger

5K	time	gender	age

10K

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18-25

5K


26-35

5K

Jeffrey Stevens	0:23:39	M	35
Gretchen Gandini	0:31:09	F	34

36-45

5K

Lisa Harris	0:28:12	F	44
Michelle Stow	0:26:58	F	42

10K

Ann Czerwinski	?	F	43

46-55

5K

Patty Pike	0:28:18	F	46
John Stow	0:25:20	M	47

10K

Kathy Aldridge	0:55:23	F	51

55-65

5K


18 and younger

place	5K	time	gender	age

10K

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18-25

5K

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26-35

5K

1	Jeffrey Stevens		M	35
1	Gretchen Gandini		F	34

10K

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36-45

5K

1	Michelle Stow		F	42
2	Lisa Harris		F	44

10K

1	Ann Czerwinski		F	42
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46-55

5K

1	Patty Pike	0:29:24	F	46
1	John Stow		M	47

10K

1	Kathy Aldridge		F	51
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55-65

5K
